



September 2024

Dear Friends,

Happy Fall! September was back-to-school time and all of the excitement a new school year brings. We hope all new students have an academically successful year, full of fun and good health, both physically and mentally. As you know, one of our key focus areas is student mental health. Unfortunately, this school year, we have already responded to a mass shooting where four people were killed at Apalachee High School in Winder, Georgia. They are just reopening the school now, and with the help of our partners at Alaska Airlines, we will be shipping an initial 200 Comfort Cubs to the students and staff who are hurting.

We are committed to helping in all areas of mental health. This month we joined our friends at Survivors of Suicide Loss' Annual Remembrance Walk in San Diego. The Comfort Cub also expanded distribution to Black Infant Health Clinic's new location in Oceanside. The staff were excited about the Cubs and said they have seen an increased need. We are always finding new areas of need to support mental wellness both locally and nationally.

Next month is significant for our organization. October is National Pregnancy and Infant Loss Awareness month. Once again, in partnership with Empty Cradle we will be hosting the 14th Annual Wave of Light at La Jolla Shores on the evening of October 15th. We hope you will be able to join us for a beautiful and meaningful night of remembrance.

We are looking forward to seeing you soon!

Warmly,

Marcella



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Comforting Students in Georgia

In partnership with Disaster and Victim Services, we met with counselors at Apalachee High School in Winder, Georgia after the recent school shooting. We shared the Comfort Cub with them and offered a donation of 200 Cubs for students, families, teachers and staff affected by this tragedy. The counselors loved the Comfort Cub and are so grateful for this donation. We are in the process of coordinating the delivery in October with our amazing partners at Alaska Airlines Cargo.

Walk in Remembrance 2024

The Comfort Cub was invited by our friends at [Survivors of Suicide Loss](#) for the 3rd year in a row to participate in the Walk in Remembrance With Hope event. The Comfort Cub provided hugs to family and friends who gathered to remember and support one another as they raised awareness for suicide prevention. It is always special to see how much love and healing is gifted and received with each Comfort Cub.





Join Us For Wave of Light 2024



Our 14th Annual Wave of Light Event will be held in partnership with **Empty Cradle** on National Pregnancy and Infant Loss Day, October 15, 2024. We will meet at Kellogg Park (La Jolla Shores Beach) at 5:30 p.m. before sunset.

It is a family event we have been involved with for the past 12 years. This event in San Diego was started in October of 2010 by three loss moms to bring families together who have lost a child. It is always a lovely evening of fellowship and remembrance, honoring sweet babies gone too soon. We hope you will join us!

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