



May 2023

Dear Friends,

Hope is an important subject for us. In fact, we call The Comfort Cub, "Hope You Can Hold". The San Diego Union Tribune dubbed it and we thought the phrase fit. We try to bring hope in everything we do. We hope the stories we share of people who have gone through loss and trauma but continued to carry on, let others know they can carry on too.

May is a busy month for us. We always see an increase in Cub requests from bereaved mothers. To prepare for this, two amazing groups of volunteers, MOPS St. Elizabeth Seton and AuPairCare, joined us to prepare Cubs for mothers who have experienced loss. In honor of Mother's Day, we teamed up with our favorite jewelry

store, Kendra Scott, to raise funds and awareness about the mission of The Comfort Cub.

We are so grateful for the support we receive from volunteers and businesses in our local community and beyond. We love partnering with you too, in bringing hope to others. Thank you so much!

Warmly,

Marcella

Empty Cradle Walk to Remember 2023

This month, we attended Empty Cradle's annual Walk to Remember event. As always, it was a beautiful tribute to the sweet babies gone too soon. Families who attended were given the opportunity to receive a Comfort Cub. It is always heartwarming getting to witness those first moments of relief when someone who is grieving gets to experience the weight of The Comfort Cub in their arms.





May is Maternal Mental Health Awareness Month



Did you know?

1 in 3 women experience clinically significant anxiety or depression symptoms during or after pregnancy

Many new parents experience mental health challenges. An emotionally healthy parent can have a stronger relationship with their baby, which supports healthy child development and family bonds. To help raise maternal mental health awareness and support mothers, parents and families, you can find more information and resources [here](#).



KENDRA SCOTT

This Mother's Day, our local Kendra Scott store held a fundraiser for The Comfort Cub. It was a win-win for all! People got to buy really beautiful gifts for their Mom and give back to others at the same time. It made Mom happy too, knowing that she raised kids who care about those who are hurting. Thank you Kendra Scott for choosing us to participate in your community give-back program!

Thank You to this month's volunteers: MOPS & AuPairCare!

The women of MOPS (Mother's of Preschoolers) St. Elizabeth Seton and AuPairCare put so much love into packaging Comfort Cubs for mothers who have experienced the loss of a child. Knowing they were supporting bereaved mothers by sending a little hope in the form of a therapeutic Cub warmed their hearts. Each woman was so grateful to give back to the community just before Mother's Day. It was also a special treat for five AuPairCare women representing Austria, Brazil, Germany and France. Together, they prepared 90 Comfort Cubs in time for Mother's Day.



"Nothing in the world has prepared us for this shock and trauma. We are applying for a Comfort Cub as a memento of our child's short life, but everlasting impact on our hearts and lives." -A.L.



"Our son was stillborn at 22 weeks. We miss him so much. His big siblings talk about him daily. His dad and I think about him constantly. We would love to receive a Comfort Cub." -L.A.

[Donate Now](#)





The Comfort Cub | 2240 Encinitas Blvd Ste D110 | Encinitas, CA 92024-4345 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!